

TRAINING/SELECTION WRITING A LOG

CURRICULUM MAPPING, TASKS

Spoken language

- Participate in discussions, presentations, performances, role play/improvisations and debates
- Gain, maintain and monitor the interest of the listener(s)
- Use spoken language to develop understanding through speculating, hypothesising, imagining and exploring ideas
- Speak audibly and fluently with an increasing command of standard English

Reading

- Drawing inferences such as inferring characters' feelings, thoughts and motives from their actions, and justifying inferences with evidence
- Plan their writing by:
- Identifying the audience for and purpose of the writing, selecting the appropriate form and using other similar writing as models for their own
- Noting and developing initial ideas, drawing on reading and research where necessary

Draft and write by:

- Selecting appropriate grammar and vocabulary, understanding how such choices can change and enhance meaning
- In narratives, describing settings, characters and atmosphere and integrating dialogue to convey character and advance the action

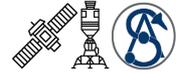
Evaluate and edit by:

- Proposing changes to vocabulary, grammar and punctuation to enhance effects and clarify meaning
- Ensuring the consistent and correct use of tense throughout a piece of writing
- Ensuring correct subject and verb agreement when using singular and plural, distinguishing between the language of speech and writing and choosing the appropriate register
- Proofread for spelling and punctuation errors
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WRITING A LOG TASK 1

INTRODUCTION

Training logs are a bit like a diary. They are completed regularly, often every day. They give a chance to set yourself targets. Sports people use them to measure their progress. Astronaut candidates might have a "Selection Log" where each test they did was given a score and carefully checked to see who might cope best in Space. A judge would add comments and the astronaut would say how they think the task went.



Read back through the selection tasks vlog 2 “*The 3 little origami birds...I hate spiders.*”

MAIN LESSON

Imagine **you** are the astronaut candidate. Keep your first name but choose a new astronaut-sounding surname e.g. Sasha Jupiter (You could choose a planet or a Space-themed word)

Below is a list of astronaut tasks Tazz experienced. Invent a log **for yourself** as you build up to the big day when you will take off into Space. Think about your personality and how well you will cope with each task listed below. The first task has been completed for you to show you how to fill this in. Notice the different style for the judge’s comments and Sasha’s. Sasha sounds more like a person talking to you. The Judge sounds more formal. Try to use the same styles for the rest of your log comments.

Log for Sasha Jupiter

Date/ Place/ Time spent

Date: 5th June.

Place: Comet Central.

Time spent: 1 hour

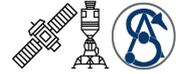
Task: Making origami birds

Judge’s Comments: *Sasha completed her bird slowly but correctly. She was neat and careful in her folding and her second bird turned out very well and was a very good copy of the first. She had time to make two more before the ten-minute time limit was reached.*

Comments from Sasha: *I really liked this task. At first it was hard to work out how the bird was made from just a simple square of paper and it took me a while to get the hang of it. I enjoyed this task and I think I did well. I wasn’t the fastest but the birds I made were neat and I didn’t lose my temper and throw all the paper in the bin like the person next to me!*

Here are the tasks you will need for your log. Write them down the left-hand side of your page then start your Log.

- Origami Birds
- Centrifuge
- Vomit Comet
- Making food
- Fitness
- Pain tolerance
- Operating machinery
- Ear tests
- Swimming Pool/zero g training
- Simulator
- Flotation Tank



- Wilderness Training

PLENARY

Decide how your log should look and make sure it looks official and formal, a bit like a school report.

LGFL EXTENSION ACTIVITY

Using J2E office writer create your own official looking offices log.

Using j2e Webby write a daily blog/log about each activity.

WRITING A LOG TASK 2

INTRODUCTION

Practical tasks- Selection process using yourself as the astronaut.

Try the following:

- Moving cotton wool balls around a simple obstacle course with your eyes shut/moving objects with paddle/spoon. Set time limits and penalty zones on your obstacle course
- Tying shoelaces in big gloves
- Drawing a person with both hands at once.
- Make up a new test of your own, explaining what skill you are looking for.

Discuss: Astronaut candidates were told to make origami birds. They were given a completed one and had to work out how to make one themselves and then continue for ten minutes to see if they could make more and whether the birds they made were identical. Some candidates found this incredibly hard. In a pair, discuss what skills you think were being tested? (The idea of testing for manual dexterity and hand eye coordination).

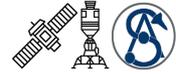
MAIN LESSON

Write about your own experience of the tests, commenting on which were harder or easier and why.

Make up a test of your own and explain how it would work and what qualities it would measure in the astronaut candidates. Use the objects around you or use simple plastics and cardboard.

PLENARY

Read out to the class. Try some of the tests and discuss.



WRITING A LOG TASK 3

INTRODUCTION

X showed great...when completing this task.

Skill/ resilience/ patience/ perseverance/courage...

In pairs, list all the personal qualities you came up with in your log. Then see how many more personal qualities you can come up with. These are all **abstract nouns**.

Now, write your own report as a potential astronaut. Report on xxxxx, astronaut candidate 270

Which were the most promising skills you showed? Describe these first then mention the trickier things that went less well. Use your imagination for this. After all, no one can be sure how they will cope inside a float tank or in a flight simulator.

PLENARY

Drama task (groups of four): Hold a meeting where you discuss these reports on astronauts **as if you are experts**. Choose a chairperson. Shuffle the logs. Discuss each candidate as if you are seeing their log for the first time. Report back to the whole class.

KSB EXTENSION ACTIVITY

The Mission-Training Log- Design a crest, inventing your own space agency.

With a partner, discuss the Mission statement and guidance Tazz would have received and make notes. This would be her plan of action with tasks for each day. How would this document look? What sections would it have? Save this for mission debrief.

Write- Report on yourself as astronaut in a mission debrief (School report with a twist)

Include: Crest/logo designed by you.

Consider: practical skills, challenges faced, coping under stress. Qualities: fortitude, adaptability, quick-thinking?

LGFL EXTENSION ACTIVITY

Explore various space agencies logos across the world and use j2e 5 to create your own space logo.